

UNCG CAMPUS AND COMMUNITY RESOURCES

Campus Resources

- **UNCG Counseling Center** - (336) 334-5874 (24/7), 107 Gray Dr., 2nd floor
 - Crisis Page: <https://shs.uncg.edu/cc/in-crisis>
 - Spartan Recovery: <https://shs.uncg.edu/srp> for students who want to begin, maintain, or return to a life of recovery from addiction to alcohol or other drugs
- **UNCG Campus Violence Response Center (CVRC)** - (336) 334-9839, 107 Gray Dr., Ground floor
 - <https://cvrc.uncg.edu/> For students who have been victimized by violence. Services include crisis response, advocacy, counseling, support groups, and coordination with on-campus services.
- **UNCG Student Health Services** - (336) 334-5340, 107 Gray Dr.
 - <https://shs.uncg.edu/>
- **UNCG Campus Police** - (336) 334-4444, 1200 W. Gate City Blvd.
- **UNCG Employee Assistance Program** - ComPsych Guidance Resources - 1-800-630-4847
- **UNCG Dean of Students Office**- (336) 334-5514, 210 EUC,
 - <https://sa.uncg.edu/dean>: helps students troubleshoot concerns like housing or food insecurity, etc.

Community Resources (All resources are available 24/7)

- Behavioral Health Urgent Care Center (336) 890-2700, 931 Third St.
- Cone Health Wesley Long Hospital - (336) 832-1000, 2400 W. Friendly Ave.
- Cone Health Behavioral Health Hospital - (336) 832-9700, 700 Walter Reed Dr.
- Moses H. Cone Memorial Hospital - (336) 832-7000, 1121 N. Church St.
- Monarch Crisis at The Bellemeade Center - (336) 676-6840, 201 N. Eugene St.
- Therapeutic Alternatives Mobile Crisis Unit - 1-877-626-1772

National Resources

- National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
 - <https://suicidepreventionlifeline.org/> (chatbox online)
- LGBTQ Helpline: 1-866-488-7386
 - <https://www.thetrevorproject.org/> (chatbox online)
- Veterans' Suicide Prevention Lifeline: 1-800-273-8255, then press 1
 - <https://www.veteranscrisisline.net/> (chatbox online, text messages)
- Suicide Crisis Line: 1-800-SUICIDE
- Crisis Text Line: Text CONNECT to 741741
- Suicide Prevention Resource Center (SPRC): <https://www.sprc.org/>

Note: If contacting a police department, ask for a CIT (Crisis Intervention Team) officer. NC law requires officers to handcuff people they escort which can make receiving help traumatizing.

*All UNCG officers are CIT trained.